

# General Dress Code

(Some classes may have special requirements regarding attire not specified in the general dress code. You will be given special instructions if this applies to your class)

## Combination Ballet, Jazz and Tap Classes:

- Leotard (any color and style)
- Tights, spankies, sophie shorts or ballet skirts are optional
- Pink Ballet shoes and Tan Tap shoes. Competition and older students will need jazz boots.
- In cold weather sweat shirts or dance wrap sweaters are ok at the beginning of class.
- Hair must be pulled back away from face.
- No street clothing.

## Technique, Pointe and Pre Pointe:

- Black Leotard
- Tan, pink or white tights
- Ballet skirts are optional
- Ballet shoes or Pointe' shoes
- Hair must be pulled back in bun. If hair is too short for a bun, a ponytail or braid is acceptable.
- No street clothing or shorts.

## Modern & Liturgical:

- Leotard (any color and style)
- Tights are optional
- Ballet shoes, foot undeeze or bare feet
- Spankie shorts or ballet skirts are optional
- Hair must be pulled back in ponytail, braid or bun
- No street clothing

## Tumbling, Acro or Cheerastics:

- Leotard or Biketard
- Spankie shorts or Sophie shorts are optional
- Hair must be pulled back securely. Braids or low ponytail are best.
- No Tights or footless tights
- No shoes
- No skirts or loose clothing that would get in the way of the coach spotting the tumbler.

## Boys & Girls Hip Hop:

- Shorts, sweats, t-shirts. Anything comfortable, so you can move.
- Hip-Hop Sneakers or Tennis Shoes.
- No Jeans

## Cheer:

- Leotards or Biketards are optional
- Shorts, t-shirts or sportswear
- Tennis Shoes
- Hair pulled back in ponytail
- No jewelry: earrings, watches, bracelets, necklaces, and rings. (This is for the safety of you and your teammates)

## Exercise classes:

- Athletic wear or dance wear is appropriate.
- Good supportive tennis shoes

## Ballroom: Female:

- Comfortable clothing including; sportswear, slacks or even a skirt or dress.
- Comfortable shoes with a smooth or slick sole.
- Tennis shoes or flip flops are not recommended.

## Ballroom: Male:

- Comfortable clothing including; sportswear, jeans, dress pants.
- Comfortable shoes with a smooth or slick sole.
- Tennis shoes or flip flops are not recommended.